

# *Dermatology Specialists of Greater Cincinnati, Inc*

7794 Five Mile Road Suite 240

Cincinnati, Ohio 45230-2368

Phone 513-231-1575 Fax 1-855-818-3918

Nancy J. Pelc, M.D. Denise R. Smith, M.D. Tiffany L. Pickup, M.D. Megan S. Marshall, PA-C

## INSTRUCTIONS FOR USE OF DRY SOL

- 1) Apply Drysol sparingly only to the area to be treated; that is, only to the center of the arm pit, or to the palms or the soles.
- 2) Apply Drysol at bedtime. This is the time when the activity of the sweat glands is minimal and the Drysol can remain in place without being washed away by sweating.
- 3) Do not apply Drysol to moist or wet skin. This means that you should not wash the area before application or apply after recent sweating. You may use a hair dryer to blow dry the skin before application.
- 4) Do not use Drysol on irritated skin or on recently shaved skin. Do not rub it in. If Drysol produces irritation you may treat the area with 1% hydrocortisone cream the morning after application.
- 5) Wash Drysol off upon rising. It is strongly acidic and may damage certain clothing. You may apply your usual anti-perspirant.
- 6) If sweating of palms or soles is not eliminated after a week of daily application of Drysol, cover the Drysol treated skin area with plastic wrap. This could be wadded into the arm pit and kept in place over night by wearing a t-shirt. Plastic gloves or plastic bags could be applied over the hands or feet. This increases the penetration of the Drysol into sweat gland pores.
- 7) Once control of sweating is achieved the Drysol is applied only as needed, usually one night a week.